

Sports Course Directory - Lent 2026

6 January - 29 March

	Ages	Start	End	First Session	Last Session	Instructor	Mem £	Non M £	Location	Remarks & Exclusion Dates
Monday										
Fencing	8-14	17:15	18:15	12 Jan	23 Mar	Marco	96.25	129.25	TBSG Hall	10 lessons excl. 16 Feb
Badminton	8-11	18:00	19:00	12 Jan	23 Mar	Clive	35.00	60.00	Sports Hall	10 lessons excl. 16 Feb
Badminton	12-14	19:00	20:00	12 Jan	23 Mar	Clive	35.00	60.00	Sports Hall	10 lessons excl. 16 Feb
Tuesday										
Trampolining	5-8	18:00	19:00	6 Jan	24 Mar	Rob	95.70	129.80	Sports Hall	11 lessons excl. 17 Feb
Trampolining	9-13	19:00	20:00	6 Jan	24 Mar	Rob	95.70	129.80	Sports Hall	11 lessons excl. 17 Feb
Trampolining	14-Adult	20:00	21:00	6 Jan	24 Mar	Rob	95.70	129.80	Sports Hall	11 lessons excl. 17 Feb
Wednesday										
Swimming	4-17	16:30	18:00	7 Jan	25 Mar	Various	83.60	115.50	Swimming Pool	11 lessons excl. 18 Feb
Basketball	7-10	18:30	19:15	7 Jan	25 Mar	Omar	83.60	115.50	Sports Hall	11 lessons excl. 18 Feb
Basketball	11-16	19:15	20:00	7 Jan	25 Mar	Omar	83.60	115.50	Sports Hall	11 lessons excl. 18 Feb
Friday										
Swimming	4-17	16:00	18:00	9 Jan	27 Mar	Various	83.60	115.50	Swimming Pool	11 lessons excl. 20 Feb
Saturday										
Swimming	4-17	9:00	12:00	10 Jan	28 Mar	Various	83.60	115.50	Swimming Pool	11 lessons excl. 21 Feb
Sunday										
Swimming	4-17	9:00	10:30	11 Jan	29 Mar	Various	83.60	115.50	Swimming Pool	11 lessons excl. 22 Feb

Half Term: Monday 16 February - Sunday 22 February

Swimming lessons are 30 minute group sessions divided up by age and ability level. Please see website for Swimming Lesson Waiting List Application Form

*Some groups are 45 minute sessions and are charged at a higher price

Book now on 020 8299 9292