

## Swimming Pool Information

Dulwich College Sports Club offers excellent facilities and a friendly service to members.

### Swimming Pool Courtesy

Please shower before swimming. This makes a big difference to water quality.

This programme relies on swimmers leaving the pool promptly at session end time or before. Where there are time gaps between sessions, these are required for lane rope changes. Please do not arrive early.

Lanes sessions include a double lane section for those who wish to swim in straight lines. No more than 6 swimmers should use this section to avoid collisions.

### Online Live Timetables

There is a live Pool & Activity Timetable on the club website. We endeavor to update the live timetables whenever there is a late change of programme.

This timetable applies to term time only. Please see the holiday timetable for College holidays.

### Advance Booking

It is essential to book in advance for all swimming sessions via the online booking system. New users should click on 'Login/Register' then 'Forgotten Password' to set up an account. Download the mobile app 'iScuba' to book on the move.

Please remember to cancel any unwanted bookings at last 4 hours prior to the session. Failure to do so or to attend and check in at Reception may lead to a £3 no-show penalty fee.

Guests should be booked via Reception, 020 8299 9292. A guest fee is payable.

### Swimming Pool Safety

Please follow the rules indicated on the signage at all times.

A Lifeguard is present for all pool sessions - please obey their instructions.

Non-swimmers must not go any deeper than the relevant wall signage.

Enjoy your swimming session!



DULWICH COLLEGE SPORTS CLUB  
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Telephone: 020 8299 9292  
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DULWICH COLLEGE  
THE SPORTS CLUB  
*get fit, have fun, meet people*

SWIMMING POOL  
TIMETABLE

## Swimming Pool Timetable

Valid from April 2025

# Swimming Pool Timetable

Holiday opening hours published separately

**Please book in advance for Swimming. Please register at Reception on arrival to confirm attendance. Failure to register (or cancel unwanted bookings) may result in a £3 no-show penalty fee.**

Monday	Tuesday	Wednesday	Thursday	Friday		Saturday	Sunday
	06:15-07:00		06:15-07:00			09:00-12:00	09:00-10:30
	07:10-08:00		07:10-08:00			12:15-13:45	10:30-11:20
						12:15-14:45	11:30-12:30
17:30-18:30	17:50-18:30	16:30-18:00	17:30-18:40	16:00-18:00	16:00-18:00 (2)	14:50-15:40	13:00-15:00
18:45-19:30	18:40-19:30	18:30-19:20	18:45-19:30 (1)	18:30-19:00		15:50-16:50	15:15-15:45 (4)
19:30-20:10	19:30-20:20	19:30-20:10	19:30-20:20	19:10-20:00		16:50-17:50	15:45-16:15 (4)
20:10-21:00	20:20-21:10	20:10-21:00	20:30-21:10	20:00-20:50			16:25-16:55
21:00-21:50	21:10-21:50	21:00-21:50	21:10-21:50	20:50-21:50			16:55-17:25
							17:25-17:55

DC Staff/Club	Family Swim	Lanes - Any Ages (5)	Lanes - Adults 18+	Swim School	Pool Parties (6)	No Session
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**IMPORTANT:** During 'Lanes Any Age' sessions, all swimmers must swim lengths.

## Notes:

- (1) Thursday 18:45-19:30 Lanes (Any Age) is shared with Aquafit session which includes music.
- (2) Between 16:00 & 18:00 on Fridays there are 3 Family Swim sessions shared with Swim School.
- (3) Half Pool shared with individual swimming lesson session.
- (4) Sunday Family Swims at 15:15 and 15:45 are increased capacity (40).
- (5) If you wish to attend consecutive sessions, please be sure to book for both.
- (6) Pool parties are run by Event Drop Off. Please fill in the enquiry form on the club website, Children's Parties page.