



AUGUST/SEPTEMBER 2022 OPENING TIMES

*All activities require pre-booking online except for Fitness Suite & Weights Room

Day	Date	Tennis	Fitness Suite	Free Weights Room	Swimming Pool				
					Adult & Any Age Lanes	Family Swim	General Swim	Adult & Any Age Lanes	
Monday	1	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00	16:00 - 16:50	18:45 - 19:35	19:45 - 21:50	
Tuesday	2	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00 10:30 - 11:30	15:00 - 16:50	18:00 - 18:50	17:00 - 17:50 19:00 - 19:50 20:00 - 21:50	
Wednesday	3	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00	15:00 - 16:50	18:00 - 18:50	17:00 - 17:50 19:00 - 21:50	
Thursday	4	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00 10:30 - 11:30	15:00 - 16:50	18:45 - 19:35	17:00 - 18:35 ¹ 19:45 - 21:50	
Friday	5	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00	15:00 - 16:50 18:15 - 18:50		17:00 - 17:50 19:00 - 19:50 20:00 - 21:50	
Saturday	6	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 09:50 10:00 - 10:50	11:00 - 12:00 14:45 - 15:50		16:00 - 16:50 17:00 - 17:50	
Sunday	7	09:00 - 21:00	09:00 - 21:00	09:00 - 21:00	09:15 - 10:20 10:30 - 11:20	11:30 - 12:30 15:15 - 16:05	16:15 - 17:05	17:15 - 17:50	
Monday	8	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00	15:00 - 16:50	18:45 - 19:35	19:45 - 21:50	
Tuesday	9	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00 10:30 - 11:30	15:00 - 16:50	18:00 - 18:50	17:00 - 17:50 19:00 - 19:50 20:00 - 21:50	
Wednesday	10	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00	15:00 - 16:50	18:00 - 18:50	17:00 - 17:50 19:00 - 21:50	
Thursday	11	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00 10:30 - 11:30	15:00 - 16:50	18:45 - 19:35	17:00 - 18:35 ¹ 19:45 - 21:50	
Friday	12	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00	15:00 - 16:50 18:15 - 18:50		17:00 - 17:50 19:00 - 19:50 20:00 - 21:50	
Saturday	13	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 09:50 10:00 - 10:50	11:00 - 12:00 14:45 - 15:50		16:00 - 16:50 17:00 - 17:50	
Sunday	14	09:00 - 21:00	09:00 - 21:00	09:00 - 21:00	09:15 - 10:20 10:30 - 11:20	11:30 - 12:30 15:15 - 16:05	16:15 - 17:05	17:15 - 17:50	
Monday	15	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00	15:00 - 16:50	18:45 - 19:35	19:45 - 21:50	
Tuesday	16	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00 10:30 - 11:30	15:00 - 16:50	18:00 - 18:50	17:00 - 17:50 19:00 - 19:50 20:00 - 21:50	
Wednesday	17	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00	15:00 - 16:50	18:00 - 18:50	17:00 - 17:50 19:00 - 21:50	
Thursday	18	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00 10:30 - 11:30	15:00 - 16:50	18:45 - 19:35	17:00 - 18:35 ¹ 19:45 - 21:50	
Friday	19	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00	15:00 - 16:50 18:15 - 18:50		17:00 - 17:50 19:00 - 19:50 20:00 - 21:50	
Saturday	20	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 09:50 10:00 - 10:50	11:00 - 12:00 14:45 - 15:50		16:00 - 16:50 17:00 - 17:50	
Sunday	21	09:00 - 21:00	09:00 - 21:00	09:00 - 21:00	09:15 - 10:20 10:30 - 11:20	11:30 - 12:30 15:15 - 16:05	16:15 - 17:05	17:15 - 17:50	
Monday	22	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00	15:00 - 16:50	18:45 - 19:35	19:45 - 21:50	
Tuesday	23	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00 10:30 - 11:30	15:00 - 16:50	18:00 - 18:50	17:00 - 17:50 19:00 - 19:50 20:00 - 21:50	
Wednesday	24	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00	15:00 - 16:50	18:00 - 18:50	17:00 - 17:50 19:00 - 21:50	
Thursday	25	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00 10:30 - 11:30	15:00 - 16:50	18:45 - 19:35	17:00 - 18:35 ¹ 19:45 - 21:50	
Friday	26	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00	15:00 - 16:50 18:15 - 18:50		17:00 - 17:50 19:00 - 19:50 20:00 - 21:50	
Saturday	27	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 09:50 10:00 - 10:50	11:00 - 12:00 14:45 - 15:50		16:00 - 16:50 17:00 - 17:50	
Sunday	28	09:00 - 21:00	09:00 - 21:00	09:00 - 21:00	09:15 - 10:20 10:30 - 11:20	11:30 - 12:30 15:15 - 16:05	16:15 - 17:05	17:15 - 17:50	
Monday	29	Closed (Public Holiday)							
Tuesday	30	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00 10:30 - 11:30	15:00 - 16:50		17:00 - 17:50 19:00 - 19:50 20:00 - 21:50	
Wednesday	31	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00	15:00 - 16:50	18:00 - 18:50	17:00 - 17:50 19:00 - 21:50	
Thursday	1	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00 10:30 - 11:30	15:00 - 16:50	18:45 - 19:35	17:00 - 18:35 ¹ 19:45 - 21:50	
Friday	2	09:00 - 21:00	06:15 - 22:00	06:15 - 10:00 15:00 - 22:00	06:15 - 08:00	15:00 - 16:50 18:15 - 18:50		17:00 - 17:50 19:00 - 19:50 20:00 - 21:50	
Saturday	3	09:00 - 18:00	09:00 - 18:00	09:00 - 18:00	09:00 - 09:50 10:00 - 10:50	11:00 - 12:00 14:45 - 15:50		16:00 - 16:50 17:00 - 17:50	
Sunday	4	09:00 - 21:00	09:00 - 21:00	09:00 - 21:00	09:15 - 10:20 10:30 - 11:20	11:30 - 12:30 15:15 - 16:05	16:15 - 17:05	17:15 - 17:50	
Monday	5	Monday 5 September, return to normal opening hours							

Swimmers: The new 'Any Age' Lanes swimming sessions are for fluent lane swimmers of any age who can swim 1 kilometer. Lane swimming only.

HDO Kids Camp: 11 July - 2 September - please book at www.holidaydropoff.com

Exercise & Cycling Classes Easter Break from 1 - 31 August. Les Mills big screen will replace live cycling instructors

¹Shared with Swimming Club from 17:30 - 18:30

Squash, Tennis & Badminton available to book online as normal. (Including extra daytime Tennis hours)

