

## Holiday Opening Hours - July 2022

\*All activities require pre-booking online except for Fitness Suite & Weights Room

Day	Date	Tennis	Fitness Suite	Free Weights Room	Swimming Pool			
					Adult & Any Age Lanes	Family Swim	General Swim	Adult & Any Age Lanes
Friday	8	09:00-21:00	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	16:00-18:50		19:00-19:50 & 20:00-21:45
Saturday	9	09:00-18:00	09:00-18:00	09:00-18:00	Swimming Lessons	14:45-15:50		16:00-16:50 & 17:00-17:50
Sunday	10	09:00-21:00	09:00-21:00	09:00-21:00	10:30-11:20	11:30-12:30 & 15:15-16:05	16:15-17:05	17:15-17:50 (35m)
Monday	11	09:00-21:00	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-16:50	18:45-19:35	19:45-21:50
Tuesday	12	09:00-21:00	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00 & 10:30-11:30	15:00-16:50	18:00-19:50	17:00-17:50, 19:00-19:50 & 20:00-21:50
Wednesday	13	09:00-21:00	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-16:50	18:00-18:50	17:00-17:50 & 19:00-21:50
Thursday	14	09:00-21:00	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00 & 10:30-11:30	15:00-16:50	18:45-19:35	17:00-18:35 (1) & 19:45-21:50
Friday	15	09:00-21:00	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-16:50 & 18:15-18:50 (35m)		17:00-17:50, 19:00-19:50 & 20:00-21:45
Saturday	16	09:00-18:00	09:00-18:00	09:00-18:00	09:00-09:50 / 10:00-10:50	11:00-12:00 & 14:45-15:50		16:00-16:50 & 17:00-17:50
Sunday	17	09:00-21:00	09:00-21:00	09:00-21:00	09:15-10:20 & 10:30-11:20	11:30-12:30 & 15:15-16:05	16:15-17:05	17:15-17:50 (35m)
Monday	18	09:00-21:00	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-16:50	18:45-19:35	17:00-18:35 (1) & 19:45-21:50
Tuesday	19	09:00-21:00	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00 & 10:30-11:30	15:00-16:50	18:00-19:50	17:00-17:50, 19:00-19:50 & 20:00-21:50
Wednesday	20	09:00-21:00	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-16:50	18:00-18:50	17:00-17:50 & 19:00-21:50
Thursday	21	09:00-21:00	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00 & 10:30-11:30	15:00-16:50	18:45-19:35	17:00-18:35 (1) & 19:45-21:50
Friday	22	09:00-21:00	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-16:50 & 18:15-18:50 (35m)		17:00-17:50, 19:00-19:50 & 20:00-21:45
Saturday	23	09:00-18:00	09:00-18:00	09:00-18:00	09:00-09:50 / 10:00-10:50	11:00-12:00 & 14:45-15:50		16:00-16:50 & 17:00-17:50
Sunday	24	09:00-21:00	09:00-21:00	09:00-21:00	09:15-10:20 & 10:30-11:20	11:30-12:30 & 15:15-16:05	16:15-17:05	17:15-17:50 (35m)
Monday	25	09:00-21:00	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-16:50	18:45-19:35	17:00-18:35 (1) & 19:45-21:50
Tuesday	26	09:00-21:00	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00 & 10:30-11:30	15:00-16:50	18:00-19:50	17:00-17:50, 19:00-19:50 & 20:00-21:50
Wednesday	27	09:00-21:00	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-16:50	18:00-18:50	17:00-17:50 & 19:00-21:50
Thursday	28	09:00-21:00	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00 & 10:30-11:30	15:00-16:50	18:45-19:35	17:00-18:35 (1) & 19:45-21:50
Friday	29	09:00-21:00	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-16:50 & 18:15-18:50 (35m)		17:00-17:50, 19:00-19:50 & 20:00-21:45
Saturday	30	09:00-18:00	09:00-18:00	09:00-18:00	09:00-09:50 / 10:00-10:50	11:00-12:00 & 14:45-15:50		16:00-16:50 & 17:00-17:50
Sunday	31	09:00-21:00	09:00-21:00	09:00-21:00	09:15-10:20 & 10:30-11:20	11:30-12:30 & 15:15-16:05	16:15-17:05	17:15-17:50 (35m)

August 2022 opening hours to follow shortly

Swimmers: The new 'Any Age' Lanes swimming sessions are for fluent lane swimmers of any age who can swim 1 kilometer. Lane swimming only.

HDO kids camp runs from 11 July to 2 Sept - please book at [www.holidaydropoff.com](http://www.holidaydropoff.com)

Exercise & Cycling Classes Easter Break: 1-31 August. Les Mills big screen will replace live cycling instructors.

(1) Shared with Swimming Club from 5:30-6:30pm

Squash, Tennis & Badminton available to book online as normal. (Including extra daytime Tennis hours)