Please book in advance for Swimming and Racket Sports. Please register at Reception on arrival to confirm attendance. Failure to register (or cancel unwanted bookings) may result in a £3 no-show penalty fee.

Facility	Session		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reception			07:00 - 22:00	07:00 - 22:00	07:00 - 22:00	07:00 - 22:00	07:00 - 22:00	09:00 - 18:00	09:00 - 21:00
	Children's Swimming Lessons				16:30 - 18:00		16:00 - 18:00	09:00 - 12:00	09:00 - 10:30
Swimming Pool (Members)	Family Swimming (No Length Swimming)						16:00 - 18:50	14:45 - 15:50	11:30 - 12:30 15:15 - 16:05
	General Swim (Lanes + Leisure)		18:45 - 19:35	18:00 - 18:50	18:00 - 18:50	18:45 - 19:35			16:15 - 17:05
			Please note that length swimming is NOT permitted in the leisure half of the pool during General Swim sessions						
	Lanes	Adults	19:45 - 21:50	06:15 - 08:00 20:00 - 21:50	19:00 - 21:50	06:15 - 08:00 19:45 - 21:50	20:00 - 21:50	17:00 - 17:50	10:30 - 11:20
		Any Age		19:00 - 19:50			19:00 - 19:50	16:00 - 16:50	17:15 - 17:50
Swimming Pool (Staff)	Dulwich College Staff Only*(not bookable)		17:30 - 18:30*			17:30 - 18:30*			
Fitness Suite (Members 14+)	Morning*(not bookable)		06:15 - 08:00	06:15 - 08:00	06:15 - 08:00	06:15 - 08:00	06:15 - 08:00	9:00 -18:00	9:00 - 21:00
	Evening		17:45 - 22:00	17:45 - 22:00	17:45 - 22:00	17:45 - 22:00	17:45 - 22:00		
Free Weights (Members 18+)	Morning*(not bookable)			06:15 - 07:00			06:15 - 08:00	- 09:00 - 17:30	09:00 - 20:30
	Evening		17:45 - 22:00	17:45 - 22:00	17:45 - 22:00	17:45 - 22:00	17:45 - 22:00		
Tennis Courts			18:00 - 21:00	18:00 - 21:00	18:00 - 21:00	18:00 - 21:00	18:00 - 21:00	09:00 - 18:00	09:00 - 21:00
Squash Courts			Club Night 18:00 - 21:00	17:30 - 21:15	18:00 - 21:45	17:30 - 21:15	17:30 - 21:15	09:30 - 17:45	09:30 - 17:00
Sports Hall			Bookable Badminton Courts 18:00 - 19:30	- Use as available	Badminton Club Night 2 20:00 - 22:00	Use as available	Use as available	Use as available	No Strings Badminton 09:00 - 11:30
			Badminton Club Night 1 19:30 - 22:00 (Members only)		(Members only)  Bookable Badminton Courts 20:00 - 22:00				

Members may use the Sports Hall, Astroturf and Athletics Track whenever the areas are not booked. Contact Reception for details. No Strings Badminton is free for members, £5 per session for A Card holders. Club Nights are reserved for Club Members only.

<sup>\*</sup> Half pool only.