

Programme Changes

November to December 2019

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| Thu 21 November | 6:00pm |
| Mon 25 November | 7:00pm |
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**Thursday morning Zumba Gold has moved to the earlier time of 10:15am
Wednesday Yoga will take place in the Pavilion Salle all this term.**

Sat 14 Dec to Tue 7 Jan - Christmas Holiday

Sat 21 Dec to Sun 5 Jan - Exercise class & live instructor cycling class break.

*Did you know: You can now book a private Badminton court on
Monday (6-8pm) & Wednesdays (8-10pm) via Reception or online.*

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