

Programme Changes

September to December 2019

Please note the following planned changes to the published schedules:

Date	Swimming Pool Opening Time
Thu 10 October	7:00pm
Mon 14 October	6:30pm
Thu 17 October	7:00pm
Thu 7 November	6:30pm
Thu 21 November	6:00pm
Thu 5 December	6:30pm
Tue 10 December	6:00pm

Thursday morning Zumba Gold has moved to the earlier time of 10:15am
Wednesday Yoga will take place in the Pavilion Salle all this term.

Sat 19 October to Sun 3 November – Half term

Holiday opening schedules to follow in due course.

Sat 5 October (DC Open Morning) – The Club will open 12 Noon to 6:00pm.

Sat 14 Dec to Tue 7 Jan - Christmas Holiday (No classes 21/12 to 5/1)

Full details of all programme changes may be viewed on the website timetables.

NEW CYCLING STUDIO OPENS MONDAY 16 SEPTEMBER!!
ALL CLASSES ARE FREE OF CHARGE TO MEMBERS
Virtual Instructor classes will run in place of live classes during class breaks

Alert: Bookable Badminton courts are being re-introduced soon.

The Sports Club Team