

Summer Holiday Opening Hours - July 2019

Holiday membership for your relatives from just £80 including classes (July) - ask at Reception!

Day	Date	Fitness Suite & Tennis	Free Weights Room	Swimming Pool			
				Morning Adult Lanes	Family Swim	General Swim	Evening Adult Lanes
Friday	05-Jul	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-17:00 (2)	18:00-20:30	17:00-18:00
Saturday	6	09:00-18:00	09:00-18:00	Swimming Lessons		14:30-17:00	17:00-18:00
Sunday	7	09:00-21:00	09:00-21:00	Swimming Lessons	15:00-17:00	10:30-14:00	17:00-18:00
Monday	8	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-18:30(1)	18:30-20:30	20:30-22:00
Tuesday	9	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00 & 11:30-12:30	15:00-17:00	17:00-20:00	20:00-22:00
Wednesday	10	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-16:30 (3)	18:00-20:00 (3)	20:00-20:30
Thursday	11	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00 & 11:30-12:30	15:00-18:30 (1)	18:30-20:00	20:00-22:00
Friday	12	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-17:00 (2)	18:00-20:30	17:00-18:00
Saturday	13	09:00-18:00	09:00-18:00	Swimming Lessons		14:30-17:00	17:00-18:00
Sunday	14	09:00-21:00	09:00-21:00	Swimming Lessons	15:00-17:00	10:30-14:00	17:00-18:00
Monday	15	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-18:30 (1)	18:30-20:30	20:30-22:00
Tuesday	16	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00 & 11:30-12:30	15:00-17:00	17:00-20:00	20:00-22:00
Wednesday	17	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-17:00	17:00-20:00	20:00-20:30
Thursday	18	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00 & 11:30-12:30	15:00-18:30(1)	18:30-20:00	20:00-22:00
Friday	19	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-17:00	18:00-20:30	17:00-18:00
Saturday	20	09:00-18:00	09:00-18:00	10:00-11:00	11:00-12:00	14:30-17:00	17:00-18:00
Sunday	21	09:00-21:00	09:00-21:00		15:00-17:00 (4)	10:30-15:00	17:00-18:00
Monday	22	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-18:30 (1)	18:30-20:30	20:30-22:00
Tuesday	23	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00 & 11:30-12:30	15:00-17:00	17:00-20:00	20:00-22:00
Wednesday	24	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-17:00	17:00-20:00	20:00-20:30
Thursday	25	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00 & 11:30-12:30	15:00-18:30 (1)	18:30-20:00	20:00-22:00
Friday	26	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-17:00	18:00-20:30	17:00-18:00
Saturday	27	09:00-18:00	09:00-18:00	10:00-11:00	11:00-12:00	14:30-17:00	17:00-18:00
Sunday	28	09:00-21:00	09:00-21:00		15:00-17:00 (4)	10:30-15:00	17:00-18:00
Monday	29	06:15-22:00	06:15-10:00 & 15:00-22:00	06:45-08:00	15:00-18:30 (1)	18:30-20:30	20:30-22:00
Tuesday	30	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00 & 11:30-12:30	15:00-17:00	17:00-20:00	20:00-22:00
Wednesday	31	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-17:00	17:00-20:00	20:00-20:30
Thursday	01-Aug	August Opening Hours to Follow					

HDO kids camp run 8 July to 23 August, book at www.holidaydropoff.com

There will be no exercise classes during the calender month of August

Weekday 3-5pm Family Swim shared with residential group

(1) Monday & Thursday Family Swim shared with Swimming Club 5:30-6:30pm

(2) Friday Family Swim shared with Swimming Lessons 4-5pm

(3) Final week of Wednesday swimming courses 4:30-6pm

(4) No Family Swim pool slide this week