

# Programme Changes

January to April 2019

*Please note the following planned changes to the published schedules:*

**Swimming Pool details to follow shortly.**

Please note the following class venue changes due to the new flooring works at TBSG Hall:

Mon 7 Jan: **Body Con (9:05) & Corumba (10:15) - Sports Hall**  
Tue 8 Jan: **Zumba (9:05) & Pilates (10:15) - Sports Hall**  
Wed 9 Jan: **Body Con (9:05) & Zumba (10:15) - Exercise Studio**  
(Power Walking 10:15 remains at TBSG)  
Wed 9 Jan: **Pilates (18:20) - Pavilion Salle**  
Thu 10 Jan: **Cardio (9:05) - Exercise Studio**  
Fri 11 Jan: **Body Con (9:05) & Pilates (10:15) - Exercise Studio**  
(Power Walking 10:15 remains at TBSG)

## **NEW CLASSES:**

**Box Fit** with Orlene starts 19:30 Wed 9 Jan.

**HIIT Cardio** with Lisa starts 18:45 Thu 10 Jan.

These classes will normally be held at TBSG Hall  
but the first sessions on 9 & 10 Jan will be in the Pavilion Salle.

**Mon 14 to Fri 18 January, Squash Courts closed for corridor flooring works.**  
**Sun 20 January – No String Badminton Cancelled (due to special event)**

**Sat 16 to Sun 24 February – DC Half term**

**Sat 30 March to Tue 23 April – DC Easter Holiday.**

*Holiday opening schedules to follow in due course.*

**Fri 19 & Mon 22 April – Sports Club Closed for Public Holidays**

The Sports Club Team