

Get Fit, Have Fun & Meet People

Dulwich College Sports Club welcomes all new membership applications. There is no reference or interview process.

Membership:

Access to sessions listed inside, free exercise classes, discounts on Swimming Lessons, Sports Courses plus numerous other benefits are available to club members. For prices and details of how to join the club please contact the Sports Club Reception or see our website.

Fitness Studio/Weights Room:

Minimum age is 14. Members are required to undergo an induction prior to using these areas. Please sign-up at reception or speak to one of the Fitness Instructors. Fitness Assessments are also available.

Exercise Classes:

From 1 September 2018, classes are included in membership. For information on our extensive range of exercise classes including Aerobics, Yoga, Circuits, Pilates and more, please collect a copy of the Exercise Class & Activity Programme for full details.

Sports Courses/Swimming Lessons:

We offer excellent coaching courses in Tennis, Fencing, Badminton, Rowing, Trampoline, Swimming and more. Please collect a copy of Sports Course Directory for full details.

Car Parking Arrangements:

Parking for members is provided in the College main site car park. The Sports Centre car park is for authorised users only. Members over the age of 65 may apply for authorisation.

Conditions of Membership:

Members are required to carry their membership card at all times while attending the Sports Club. Under 11's must be supervised by an adult at all times. One month notice in writing is required for cancellation. There is no minimum contract. For full Terms & Conditions please visit the website.

We look forward to welcoming you soon.



DULWICH COLLEGE SPORTS CLUB
London, SE21 7LD
Telephone: 020 8299 9292
Email: sportsclub@dulwich.org.uk
Web: www.dcsportsclub.co.uk

DULWICH COLLEGE THE SPORTS CLUB *get fit, have fun, meet people*

MORNING FITNESS
ACCESS ADDED
SEE INSIDE



Membership Information & Opening Times

Valid from 3 September 2018

Dulwich College Sports Club - Opening Hours 2018

Term time hours only. Holiday opening hours published separately.

Facility	Pool Session	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reception		07:00-22:00	07:00-22:00	07:00-22:00	07:00-22:00	07:00-22:00	09:00-18:00	09:00-21:00
Swimming Pool (Members)	Children's Swimming Lessons			16:30-18:00		16:00 -17:00 *	09:00-12:00	09:00-10:30
	Family Swimming (No Length Swimming)					16:00 -17:00 *		15:00-17:00 (15:00 - 16:00 Includes Inflatable Slide)
	General Swim (Lanes + Leisure)	18:30-20:30	18:00-20:00	18:00-19:30	NEW 18:30-20:00	18:00-20:30	14:30-17:00	10:30-14:00
		Please note that length swimming is NOT permitted in the leisure half of the pool during General Swim sessions						
	Lanes (Adults Only)	20:30-22:00	06:15-08:00 20:00-22:00	19:30-20:30	NEW 06:15-08:00 20:00-22:00	17:00-18:00 *	17:00-18:00	17:00-18:00
Swimming Pool (Staff)	Dulwich College Staff Only	17:30-18:30 *			17:30-18:30 *	17:00-18:00 *		
Fitness Suite	Morning	NEW 06:15-08:00	06:15-08:00	NEW 06:15-08:00	NEW 06:15-08:00	06:15-08:00	9:00 -18:00	9:00-21:00
	Evening	17:45-22:00	17:45-22:00	17:45-22:00	17:45-22:00	17:45-22:00		
Free Weights	Morning		NEW 06:15-07:00			06:15-08:00	09:00-18:00	09:00-21:00
	Evening	17:45-22:00	17:45-22:00	17:45-22:00	17:45-22:00	17:45-22:00		
Tennis Courts		18:00-21:00	18:00-21:00	18:00-21:00	18:00-21:00	18:00-21:00	09:00-18:00	09:00-21:00
Squash Courts		Club Night 18:00-21:00	17:30-21:15	NEW 18:00-21:45	17:30-21:15	17:30-21:15	09:30-17:00	09:30-17:00
Sports Hall		Badminton Club Night 1 19:30-22:00 (Members only)	Use as available	NEW Badminton Club Night 2 20:00-22:00 (Members only)	Use as available	Use as available	Use as available	No Strings Badminton 09:00-11:30 (Non members £5.00)

Members may use the Sports Hall, Astroturf and Athletics Track whenever the areas are not booked. Contact Reception for details. No Strings Badminton is free for members, £5 per session for non members.

* Half pool only.