

Newsletter – Easter 2015



Dear Members,

I am pleased to announce that improvements are in the pipeline in relation to the [fitness areas](#) this summer. We are about to order [new CV kit](#) (treadmills, cycles, cross-trainers). There's more: the [Free Weights Room](#) is going to be almost doubled in size with additional kit that will make it one of the premier training venues in South London.

There are a number of [exciting events](#) in the pipeline – see the [diary dates](#) panel overleaf. If you like Skiing then you will be pleased to hear that the club is hoping to add an [annual group ski trip](#) to the programme. The club will handle all the arrangements via a specialist tour operator. Please get in touch if you are interested: sportsclub@dulwich.org.uk

The club will once again run the charity [Swimathon](#) event, which this year will take place on 17 and 18 April. Members and non-members are welcome. Go to www.Swimathon.org to register.

We welcome new [Receptionists](#) Nadia and Famela, and new [Sports Assistant](#) Alex. We bid farewell to Cameron who has gone on his pre-university travels.

Have you booked the kids in for the Easter Camps?
Fit For Sport (30 March – 10 April) www.fitforsport.co.uk
HDO (13 -17 April) www.holidaydropoff.com

The club is running an [RLSS Lifeguard training course](#) during the holiday from 13-18 April. Successful participants will gain a nationally recognised qualification. There are further details enclosed and if interested (and aged at least 16 years) please email kemptions@dulwich.org.uk

Finally, on Sunday 5 July we will be holding our first [Members' Pool Party](#) which will involve a lot of rushing, splashing and laughing. There will be games, races and prizes to be won, culminating in a picnic barbecue, weather permitting of course. Details on how to enter to follow soon.

Wishing you a happy Easter holiday!

Gary & the Sports Club Team

Attention Skiers

Would you like to join a Sports Club skiing group next winter?



The club is looking to organise a winter holiday and welcomes your venue and timing suggestions.

Please email sportsclub@dulwich.org.uk using the title "skiing trip" to submit your suggestions.

Sports Club Diary Dates

Swimathon 2015

Friday 17 & Saturday 18 April

Lifeguard Course

13-18 April

Sports Hall Exams Closure

Friday 1 May to Saturday 27 June

Members' Pool Party

Sunday 5 July

Golf Society Annual Cyder Cup

Thursday 23 July

Freddie Flintoff Cricket Academy (Activate Sport)

10-14 August



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