

Sports Courses Information

Enrolment:

For Sports Club members no forms are necessary, simply visit Reception or telephone. Non-members must register as a Course Non-Member. There is no charge, and this only need be done when you register for your first course at the club.

Payment:

To secure your place on any course we request payment by cash, cheque or credit/debit card. Telephone booking is welcomed.

Renewing:

Courses run through each school term. All participants are automatically registered for the next term and receive a letter offering priority renewal. **There is a deadline for payment to confirm your place, after which the place will be released.** This is important so that waiting lists can be minimised and courses can start full.

About our courses:

Instructed by qualified coaches with years of experience. If adverse weather conditions affect outdoor sessions the club will provide shelter and if possible an alternative venue. *Refunds are not offered in such circumstances*.

There is normally a waiting list for our swimming courses. Please contact reception for further information.

If course enrolment numbers are low the club reserves the right to cancel courses at short notice, with a refund or credit offered.

Course Non-Members will be issued with a User Card which must be presented at Reception on each visit, and used for access to the club. User Cards also enable access to the College main site car park and College Road pedestrian gate.

Please note that College activities always take priority. If a College sports fixture overruns a course session may be delayed. We apologise for the inconvenience this may cause, but ask for your understanding and cooperation.



DULWICH COLLEGE SPORTS CLUB
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DULWICH COLLEGE THE SPORTS CLUB



Sports Course Directory

Michaelmas Term 2015

10 September - 17 December

Sports Coaching Course Directory - Michaelmas Term 2015

10 September - 17 December

	Ages	Start	End	Start Date	End Date	Instructor	Mem £	NM £	Location	Remarks & Exclusion Dates
Monday										
Fencing (Intermediate)				Returning January 2016						
DC Staff Zumba	18+	17:30	18:30	Free with Staff Class Pass. See exercise class leaflet for details. Term time only.						
Tuesday										
Swimming	4+	16:30	18:00	8 Sep	15 Dec	Various	£74.75	£107.25	Swimming Pool	13 lessons excl. 20 / 27 Oct
Trampolining	5-8	18:15	19:15	8 Sep	15 Dec	Rob	£81.25	£120.25	Sports Hall	13 lessons excl. 20 / 27 Oct
Trampolining	9-12	19:15	20:15	8 Sep	15 Dec	Rob	£81.25	£120.25	Sports Hall	13 lessons excl. 20 / 27 Oct
Trampolining	13-16	20:15	21:15	8 Sep	15 Dec	Rob	£81.25	£120.25	Sports Hall	13 lessons excl. 20 / 27 Oct
Indoor Rowing	18+	20:00	21:00	8 Sep	24 Nov	Marleen	£80.00	£90.00	Ergo Room	10 lessons excl. 20 / 27 Oct Call 07703 664 933 to book
Wednesday										
DC Staff Pilates	18+	13:20	14:00	Free with Staff Class Pass. See exercise class leaflet for details. Term time only.						
Tennis	5-7	17:45	18:45	9 Sep	16 Dec	Hamid	£74.75	£100.75	Sports Hall	13 lessons excl. 21 / 28 Oct
Tennis	8-12	18:45	19:45	9 Sep	16 Dec	Hamid	£74.75	£100.75	Sports Hall	13 lessons excl. 21 / 28 Oct
Tennis	18+	19:45	21:00	9 Sep	16 Dec	Hamid	£74.75	£100.75	Sports Hall	13 lessons excl. 21 / 28 Oct
Thursday										
DC Staff Body Conditioning	18+	17:15	18:15	Free with Staff Class Pass. See exercise class leaflet for details. Term time only.						
Badminton				Returning January 2016						
Indoor Rowing	18+	19:00	20:00	10 Sep	26 Nov	Marleen	£80.00	£90.00	Ergo Room	10 lessons excl. 22 / 29 Oct Call 07703 664 933 to book
Saturday										
Swimming	4+	9:00	12:00	5 Sep	12 Dec	Various	£69.00	£99.00	Swimming Pool	12 lessons excl. 10 / 24 / 31 Oct
Sunday										
Swimming	4+	9:00	10:30	6 Sep	13 Dec	Various	£74.75	£107.25	Swimming Pool	13 lessons excl. 25 Oct / 1 Nov

Half Term: 19 October - 1 November

Swimming lessons are 30 minute group sessions divided up by age and ability level.

Book now on 020 8299 9292