

Summer Holiday Opening Hours - July 2017

Holiday membership for your relatives just £35 - ask at reception!

Day	Date	Fitness Suite & Tennis	Free Weights Room	Swimming Pool			
				Morning Adult Lanes	Family Swim	General Swim	Evening Adult Lanes
Friday	7	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-17:00 (2)	18:00-20:30	17:00-18:00
Saturday	8	09:00-18:00	09:00-18:00	Swimming Lessons		14:30-17:00	17:00-18:00
Sunday	9	09:00-21:00	09:00-21:00	Swimming Lessons	15:00-17:00	10:30-15:00	17:00-18:00
Monday	10	06:45-22:00	06:45-10:00 & 15:00-22:00	06:45-08:00	15:00-18:30(1)	18:30-20:30	20:30-22:00
Tuesday	11	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00 & 11:30-12:30	15:00-16:00 (3)	18:30-20:00 (3)	20:00-22:00
Wednesday	12	06:45-22:00	06:45-10:00 & 15:00-22:00	06:45-08:00	15:00-17:00	17:00-20:00	20:00-20:30
Thursday	13	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00 & 11:30-12:30	15:00-18:30 (1)	18:30-19:30	21:00-22:00
Friday	14	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-17:00 (2)	18:00-20:30	17:00-18:00
Saturday	15	09:00-18:00	09:00-18:00	Swimming Lessons		14:30-17:00	17:00-18:00
Sunday	16	09:00-21:00	09:00-21:00	Swimming Lessons	15:00-17:00	10:30-15:00	17:00-18:00
Monday	17	06:45-22:00	06:45-10:00 & 15:00-22:00	06:45-08:00	15:00-18:30 (1)	18:30-20:30	20:30-22:00
Tuesday	18	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00 & 11:30-12:30	15:00-17:00	17:00-20:00	20:00-22:00
Wednesday	19	06:45-22:00	06:45-10:00 & 15:00-22:00	06:45-08:00	15:00-17:00	17:00-20:00	20:00-20:30
Thursday	20	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00 & 11:30-12:30	15:00-18:30(1)	18:30-19:30	21:00-22:00
Friday	21	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-17:00	18:00-20:30	17:00-18:00
Saturday	22	09:00-18:00	09:00-18:00	10:00-11:00	11:00-12:00	14:30-17:00	17:00-18:00
Sunday	23	09:00-21:00	09:00-21:00		15:00-17:00	10:30-15:00	17:00-18:00
Monday	24	06:45-22:00	06:45-10:00 & 15:00-22:00	06:45-08:00	15:00-18:30 (1)	18:30-20:30	20:30-22:00
Tuesday	25	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00 & 11:30-12:30	15:00-17:00	17:00-20:00	20:00-22:00
Wednesday	26	06:45-22:00	06:45-10:00 & 15:00-22:00	06:45-08:00	15:00-17:00	17:00-20:00	20:00-20:30
Thursday	27	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00 & 11:30-12:30	15:00-18:30 (1)	18:30-19:30	21:00-22:00
Friday	28	06:15-22:00	06:15-10:00 & 15:00-22:00	06:15-08:00	15:00-17:00	18:00-20:30	17:00-18:00
Saturday	29	09:00-18:00	09:00-18:00	10:00-11:00	11:00-12:00	14:30-17:00	17:00-18:00
Sunday	30	09:00-21:00	09:00-21:00		15:00-17:00	10:30-15:00	17:00-18:00
Monday	31	06:45-22:00	06:45-10:00 & 15:00-22:00	06:45-08:00	15:00-18:30 (1)	18:30-20:30	20:30-22:00
Tuesday	01-Aug	August Opening Hours to follow					

HDO kids camp run 10 July to 25 August, book at www.holidaydropoff.com

There will be no exercise classes for the calender month of August

Weekday 3-5pm Family Swim shared with residential group

(1) Monday & Thursday Family Swim shared with Swimming Club 5:30-6:30pm

(2) Friday Family Swim shared with Swimming Lessons 4-5pm

(3) Final week of Tuesday swimming courses 4:30-6pm