

## **SQUASH BOX LEAGUE RULES & GUIDELINES**

### **Who can enter and how?**

The box league is open to all Sports Club members over 14 years of age. There are no charges. To enter, email Gary Sharpe on [sharpeg@dulwich.org.uk](mailto:sharpeg@dulwich.org.uk) with your membership number, telephone number and playing ability level. Ideally, play someone from the league to gauge your relative ability but it is not a big issue as everyone eventually finds their level.

### **What is the purpose and spirit of the league?**

The league functions for friendly, social competition. Players are expected to be polite and respectful, and players with a poor attitude are liable to be removed from the league. Let calls should only be a point ("stroke") if you are both certain. *If in doubt about any call, replay the point.*

### **How does the league work?**

Each month you must contact the other players in your box and play a match against them. Agree the scoring format in advance – it's up to you. All that counts is who wins so you can play a set, three sets, 45 minutes or simply toss a coin! All matches should be played according to SRA rules.

### **Who should contact whom?**

Please contact everyone in your box. Do not wait for others! There are no points awarded for un-played games unless one person concedes the match due to being unavailable.

### **What points are awarded?**

For any match played both players get two points and the winner a bonus two points. Normally there are no walkovers awarded. No game, no points.

### **How do I get promoted or relegated?**

At the end of the league period you must submit your results sheet to me by email by the second day of the new month at the latest. The top player in each group will normally be promoted and the bottom one relegated. However, with players entering and leaving the league this is not always the case! Also, anyone obviously in at the wrong level may be shifted accordingly for everyone's benefit.

### **What if I cannot play for a period of time?**

Please try to let me know in advance. Your league position will normally be frozen but not for more than one month. *Any player failing to play any games two months running will automatically be deactivated and cannot rejoin the league for a minimum of 3 months.*

### **Any other queries?**

Please email or phone 020 8299 9292. Enjoy your games, and remember – it's for FUN!  
**Gary Sharpe, League Organiser**